

# 2023 Annual Report

PAMIRIAN FOUNDATION



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# About Pamirian Foundation

Pamirian Foundation was founded during the COVID-19 pandemic through passion and dire need to reach out and empower widows and orphans in African rural communities.



### Our History

Chinwe Enyinna, a practicing professional Nurse in Nigeria and the UK, global health advocate and champion for women and children's wellbeing had the desire to establish a foundation as a channel to give back to her community and society but didn't know how to go about it. During the 6 months' lockdown in Nigeria as a result of the COVID-19 pandemic, she met someone; Chibuike Maduike who shared similar values and passion. They both believed that giving widows and orphans the opportunity to take charge of their lives through empowerment will contribute to eradication of poverty, break the cycle of total dependency, empower them to live a more fulfilling life, and foster social equality.

Today, Pamirian Foundation (PAF) has implemented community intervention programs including free feeding projects, micro-loan support and outreaches impacting about 400 widows and orphans in rural communities in Nigeria, through collaborative partnership, donations and sponsorships. PAF trains and engages volunteers who are passionate about creating solutions aimed at responding directly to challenges faced by widows and orphans in rural communities in Nigeria as we intend to reach Africa as a whole.



#### Our Vision & Mission

#### Vision:

Our Vision is to create a continent where African rural communities transcend inequalities

#### Mission:

Our Mission is the eradication of poverty in African rural communities through free feeding projects, educational support, micro-loans and skill acquisition.



### Our Objectives

To reach out and empower the less privileged in all rural communities in Africa one family at a time.

To empower widows in African rural communities through non-interest micro loan supports to scale-up their petty businesses.

To tackle poverty among orphans and widows in African rural communities through educational support and skills acquisition to enhance their marketplace.



#### Our Core Values

As an organization, we are also driven by our core values which support the vision, shape our culture, and help empower personal growth across the organization. Our core values include the following;

Trust

Commitment

Teamwork

Accountability

Integrity

Excellence

Generosity

Professionalism



#### Core Programme Areas

01

Micro Loan Support: We empower widows with non-interest micro loan to enable business scale up.

Educational Support: We provide educational support including re-enrolment and school bag packs to both out of school orphans and enrolment of those who has never been enrolled in school.

02

03

Skills Acquisition Training: We engage adolescent orphans in vocational skills and provide start-up materials to enable them achieve economic resilience and also reduce inequalities in African rural communities.

<u>Free Feeding Programs:</u> We provide free feeding programs to help address the issue of hunger in rural communities.

04



### Target Beneficiaries

#### Vulnerable widows between the ages of 23 years - 45 years old

Our reason for the age range is because vulnerable widows within 23 years – 45 years of age are always victims of discrimination, denied right to property ownership, emotional and mental abuse, threat to life, poverty and lack of source of income. This problem and more can be very suicidal and dangerous hence the level of our intervention programs.

#### Vulnerable Orphans between the ages of 0 – 18 years old

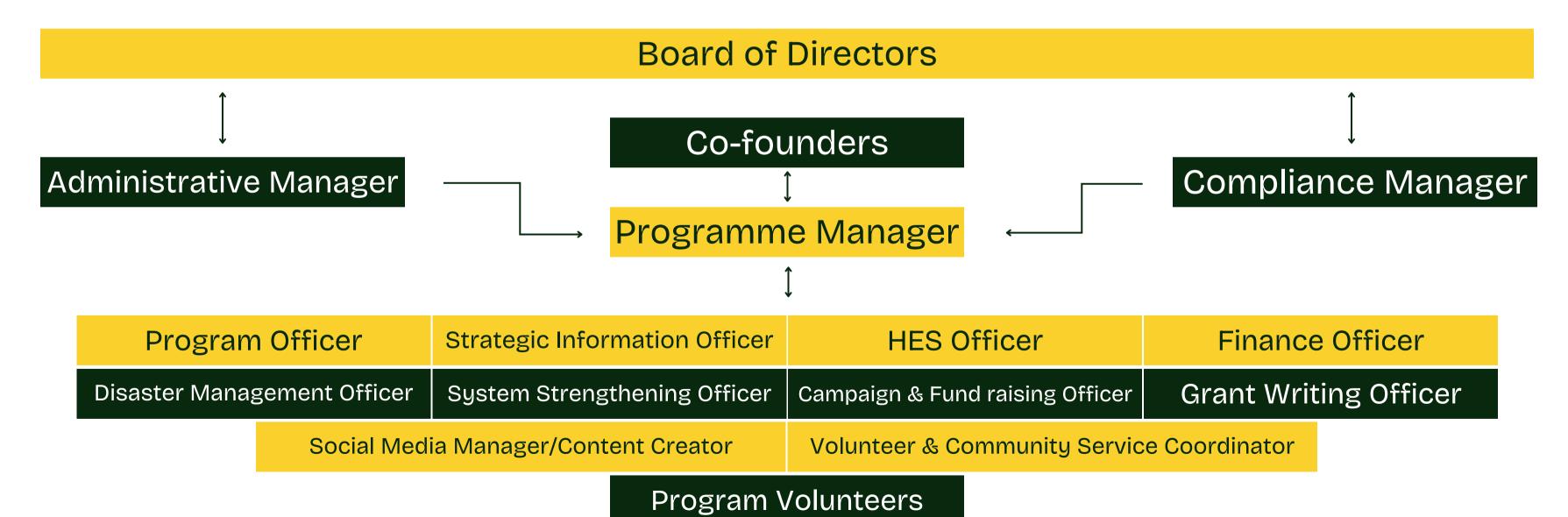
While orphans between the ages of 0 – 18 years suffer from malnutrition and become victims of violence, peer pressure, kidnap, sexual and emotional abuse, crime, early child marriage, STDs etc.

Our levels of intervention seek to close the gap losing a loved one can create especially in situations where the victims are very vulnerable without support, hope or any legitimate means or source of survival.



### Operational Cascade

At Pamirian Foundation, we have an Organogram that shows the communication flow chart and reporting structure in the organization. This guides our operations and help team members manage their workloads better. Beyond this organogram, at Pamirian Foundation we prioritize teamwork.





#### Programme Implementation, 2023

This report details the outreach programs conducted in Ndibinihu Obokwu Ezinihitte, and Mpam Ekwerazu Mbaise, L.G.As located in Imo State, in the South-Eastern part of Nigeria. The programs aimed to deliver a nutrition lecture, distribute free feeding packages to over 100 widows, and provide non-interest micro-loans to 6 widows with a social development lecture. The outreach was part of our ongoing efforts to reduce hunger, and empower widows in the community through education, nutritional support, and financial assistance.

#### <u>Objectives</u>

To educate the community, particularly widows, about the importance of nutrition and healthy eating habits.

To distribute feeding packages to support the nutritional needs of over 100 widows and their households.

To provide micro-loans to 6 widows, enabling them to start or expand small businesses and improve their economic standing.



#### Activities Undertaken

#### **Nutrition Lecture**

The lecture covered essential topics such as balanced diets, the role of vitamins and minerals, and practical tips for preparing nutritious meals with locally available ingredients. This was handled by a certified nutritionist with extensive experience in community health education. The lecture was attended by over 100 community members, with a focus on widows and their families.

#### Distribution of Feeding Packages

Each feeding package contained staples such as rice, vegetable oil, and other essential food items. The packages were distributed to 100 widows, ensuring each recipient received enough food supplies to support their household for a certain period of time.

#### Impact

The feeding packages significantly reduced hunger and the immediate nutritional needs of the recipients, providing much-needed support during challenging times.

#### Provision of Micro-Loans

The **6 widows** selected for the microloans were chosen based on their business proposals, the potential for sustainability, and their commitment to improving their economic situation. Each widow received a micro-loan tailored to their specific business needs, with amounts ranging from **N50,000**.

The loans supported various small businesses, including trading, and handcrafts. Follow-up plans were made for regular follow-ups and mentorship to ensure the successful utilization and repayment of the loans to also reach other primed beneficiaries.

One of the activities also included a Community

Awareness Exercise ensuring sufficient community awareness and attendance for the lecture to enhance community approach towards nutrition and also advocate for projects towards supporting the widows in the community.



#### Outcomes and Impact

01

**Empowerment:** The nutrition lecture empowered widows and community members with knowledge to make healthier dietary choices.

Nutritional Support: The distribution of feeding packages reduced hunger and provided immediate relief to the nutritional needs of over 111 widows.

02

03

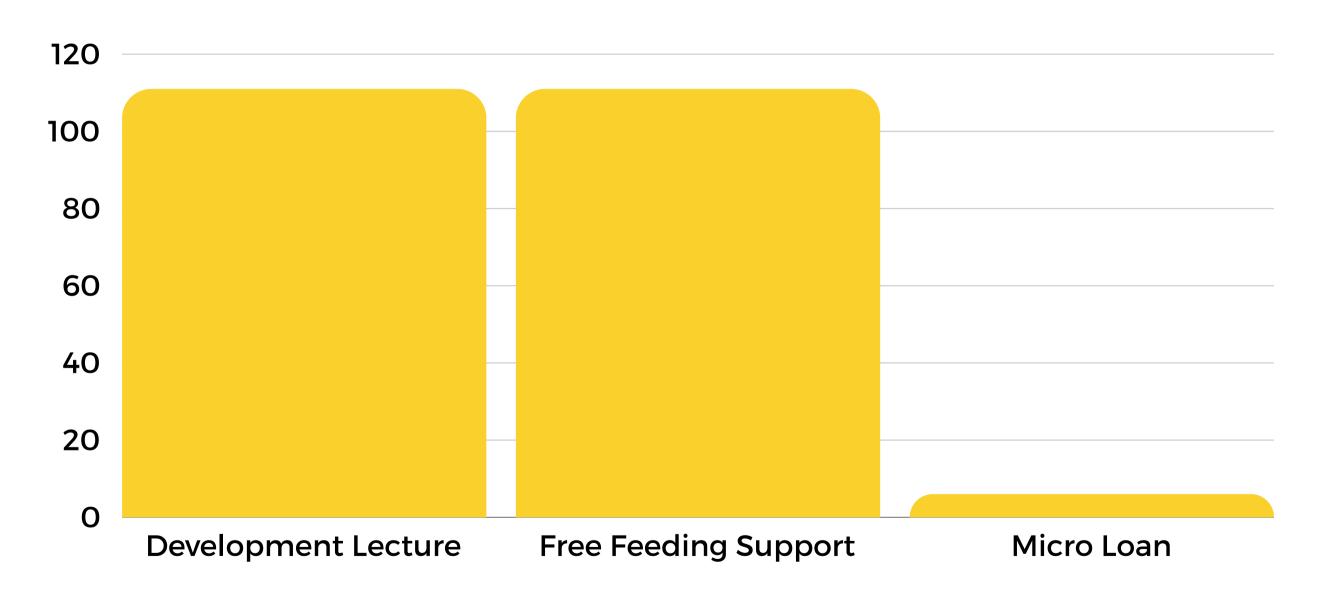
**Economic Improvement:** The provision of micro-loans enabled 6 widows to expand their small businesses, fostering economic self-sufficiency and community development.

#### **Conclusion**

The outreach programs in Ndibinihu Obokwu Ezinihitte, and Mpam Ekwerazu Mbaise, L.G.As were successes, achieving their goals of providing nutritional education, immediate food support, and financial assistance to widows. The positive feedback and tangible outcomes underscore the importance of such initiatives in empowering vulnerable community members and fostering sustainable development.



#### Project Impact Data Analysis



The data shows the total number of beneficiaries supported during the project.



# Picture Gallery



















## Picture Gallery













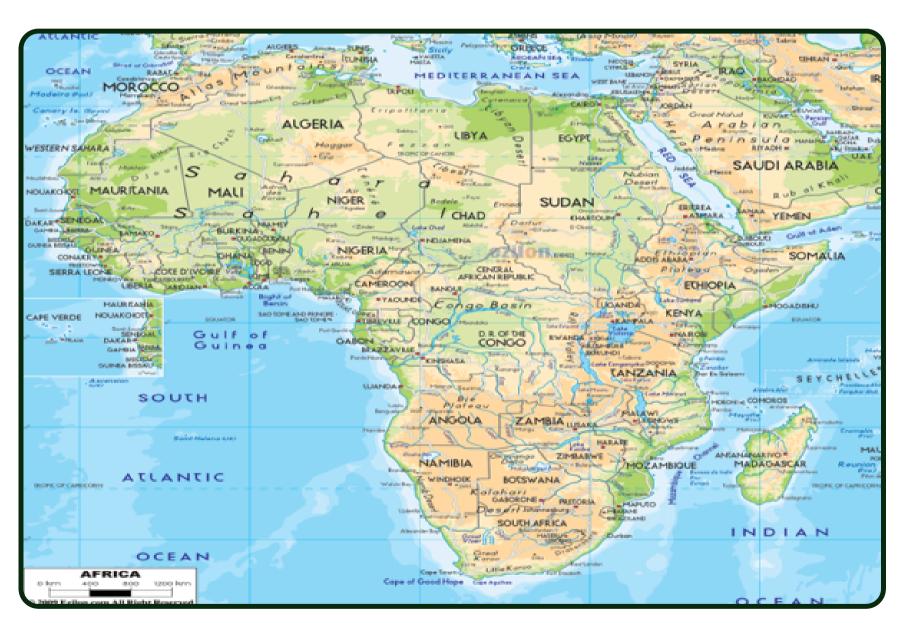






#### Geographical and Project Coverage

At Pamirian Foundation, our vision is to create a continent where African rural communities transcend inequalities hence giving us the picture of Africa as our scope of coverage, Imo State, Nigeria being our starting point.





# Join us in Empowering African Widows and Orphans!

We are launching a project to supply orphans with all the necessary school materials they need to get back to school, regardless of their family's financial status.

Without these essentials, many of these children risk missing out on their education.

Your support can change that. By partnering with us, both our organizations can ensure that these orphans have all the necessary tools they need to start, stay in school and pursue their dreams.

Let's invest in their future and give these young stars an opportunity for a brighter and better life. Your contribution can and will make a profound difference.



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